



Vocal Fold Injection with Fillers (Juvederm, Renu)

During the Procedure You MAY Experience:

- Coughing
- Gagging
- Light-headedness

Inability to tolerate the procedure due to any of the above may cause the procedure to be delayed and/or discontinued.

After the Procedure You MAY Experience:

- Do not eat or drink anything for 90 minutes after the procedure. There are no restrictions for eating or drinking after this time period.
- You may cough up some blood the first one to two days after the procedure.
- You may also experience sore throat and difficulty swallowing for the first one to two days.

Voice Changes After the Procedure:

Your voice is expected to feel “tight” for at least two to three days, perhaps longer, and you may have to use more effort to speak. It may sound higher in pitch than normal or very weak—this will lessen over the first week or two.

Voice rest is recommended for the first few days following the injection in order to decrease the amount of the filler spilling out. The substance will distribute itself in the vocal fold with voice use, which will help even out the voice.

Please do not over use your voice with speaking at loud volumes or yelling for prolonged periods of time in the first two weeks following the injection.

Emergencies and Risks:

If you experience any breathing difficulties, tight or noisy breathing, or heavy bleeding, that is NOT an expected result of the procedure and needs medical evaluation. Depending on your symptoms, please call 911, proceed to the closest ER or the Mass. Eye and Ear ER, and contact the office if there are respiratory issues.